

# My One Page Profile

## Mr Beard

Occupation: PE Instructor and PSW



### What people appreciate about me

Mr Beard is very friendly and always happy with a good sense of humour. He is always ready to help and is very approachable. He has a wicked sense of humour and can take a joke as well as play them. He makes a great brew! He is well motivated and keen to help students as best he can.

### What I find difficult

I find it hard to go to sleep at night – especially if I’ve had an hour’s nap at tea time! I find it hard to not be competitive when playing sports.

### What is important to me now

I really enjoy helping others and having a positive effect on their development.

It’s important that I’m involved in sports and staying active.

Helping my son who is 13 is also very important to me.

### What I like

I like all sports and enjoy coaching football and boxing.

I also like watching sports and keeping fit and healthy.

### What I dislike

I don’t like rude people and being stuck in traffic.

### How to support me

Happy people make for a happy work place. I try to put a smile on people’s faces so I’m always friendly.

Be honest and ask for help if needed.

### What is important to me in the future?

Having a good working relationship with all that I’m working with and to keep getting challenged.